

<<PRESS RELEASE>>

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Date: April 23, 2007

CAAR March of Dimes Walk-America Campaign

CAAR staff members have successfully pulled together as a team to conduct a donation drive and participate in the six-mile walk for the March of Dimes Prematurity Campaign.

On Sunday, April 22nd, the CAAR staff Walk-America Team joined in with other Charlottesville community teams for the annual March of Dimes Walk-America event at McIntire Park. Leading up to the Walk-America event the CAAR Team had successfully campaigned for donations by surpassing their goal of \$1,000.00 reaching a total donation of **\$1,425.00** raised for March of Dimes research campaign.

Premature birth is the leading killer of America's newborns. Those who survive often have lifelong health problems, including cerebral palsy, mental retardation, chronic lung disease, blindness, and hearing loss. The March of Dimes Prematurity Campaign is a multimillion-dollar research, awareness and education campaign to help families have healthier babies.

The CAAR team's 6-mile walk on Sunday April 22nd, proved to be a vigorous work-out for all who participated. The route included rest stations every mile where ice cold water, snacks and other available refreshments were much appreciated. The CAAR team maintained a strong and steady pace completing the course in one hour 45 minutes; under the expected 2 hours. The most exciting highlight along the route came as the CAAR team's organizer, Jessica Beck, conducted several honking and waving drive-bys in the Gold's Gym Hummer.

Congratulations to the CAAR staff for their highly energized team effort, successful campaign, and vigorous Walk-America.

